

Where your feet go, your head and hands may soon follow.

We ask that all of our clients wear socks during sessions and classes to ensure the cleanest surfaces on all our equipment, mats and floor. Please remember to bring a clean pair of socks with you to the studio.

We also sell Toe Sox at the studio. (Toe Sox are required for Barre classes)

ToeSox with grips are great as Pilates socks, and they can help with your control and your alignment.

Please contact the studio for any additional questions [951.784.7343](tel:951.784.7343)

